

High School Entrée Menu February 2012

Menu subject to change without notice as necessary

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Traditional (\$2.25)	All meals include an entrée, two different fruit and veggie sides, a bread choice, and milk.		Chunky Chicken Noodle Soup Peanut Butter/Jelly Sandwich	Spicy Chicken Sandwich	Roasted Chicken and Mashed Potatoes
Grille (\$2.75)	The daily milk variety is skim white and chocolate or 1% white or strawberry.		Pizza Burger	Cheeseburger	Chicken Sandwich
Ethnic (\$2.25)			Sweet & Sour Chicken with Brown Rice	Meatball Sub (P)	Greek Salad with Grilled Chicken and Wheat Breadstick
Traditional (\$2.25)	Tator Tot Casserole	Buffalo Chicken Wrap	Mac & Cheese	Flatbread Pizza - Pepperoni (P)	Chicken Cordon Bleu (P)
Grille (\$2.75)	Chicken Sandwich	Bacon Cheeseburger (P)	Chicken Sandwich	Fish Sandwich	Mushroom & Swiss Burger
Ethnic (\$2.25)	Chicken Parmesan with Pasta	Beef Enchilada	Orange Chicken with Brown Rice	Flatbread Pizza - Cheese	Beef & Cheese Nachos
Traditional (\$2.25)	Popcorn Shrimp and Baked Potato	Meatloaf with Mashed Potatoes	Goulash with Cheese Filled Breadstick	White Chicken Chili	NO SCHOOL
Grille (\$2.75)	Chicken Sandwich	Cheeseburger	Chicken Sandwich	Pizza Burger	
Ethnic (\$2.25)	Chicken Broccoli Alfredo	Walking Taco Bar	Sweet & Sour Chicken with Brown Rice	Cuban Sandwich (P)	
Traditional (\$2.25)	NO SCHOOL	Variety	Chicken Mashed Potato Bowl	Tomato Basil Soup & Grilled Cheese Sandwich	Salisbury Steak with Mashed Potatoes & Gravy
Grille (\$2.75)		Variety	Chicken Sandwich	Cheeseburger	Fish Sandwich
Ethnic (\$2.25)		Variety	Beef & Broccoli with Rice	Cheese & Spinach Lasagna with Garlic Toast	Pasta Bar
Traditional (\$2.25)	Chili Cheese Dog Tator Tots	Philly Cheesesteak Sandwich	Pork Tenderloin (P)	Visit our website for more information. Contact Lisa Nolting, food service director, with questions: noltinglisa@pleasval.k12.ia.us or 332-5550. A la carte pricing is available on our website.	
Grille (\$2.75)	Chicken Sandwich	Bacon Cheeseburger (P)	Pizza Burger		
Ethnic (\$2.25)	Cheese Pizza Dippers	Quesadilla - Cheese or Chicken and Cheese	Orange Chicken with Brown Rice		